

Free Coaches Clinic

The Learn-to-Skate Task Force of the Cleveland Skating Office has found a need to expand Learn-to-Skate to include Team Skating. In keeping with the goals of the Cleveland Skating Office, a free Coaches Education Clinic is being offered on September 20, 2003. Location of this clinic is the Mentor Civic Center, in Mentor Ohio.

The purpose of this clinic is to introduce Cleveland area coaches to the beginning levels of Team Skating. Team skating is a wonderful and exciting way for young skaters to progress in figure skating. For some this will be a life long pursuit, for others it will be the stepping stone from Learn -to-Skate to advanced competitive skating.

New Product

Add "Learn-to-Team-Skate" to your current Learn-to-Skate program. All you need is a half sheet of ice and a 1/2 hour of ice a week. For the same price as your current Learn-to-Skate program, this added program will enhance the number of skaters enrolled in Learn-to-Skate. Some skaters will now attend lessons twice a week and skaters who are tired of Learn-to-Skate have a new and exciting class to attend.

Skaters of all ages and levels can join the Learn-to-Team-Skate program. Even skaters as young as 3 can participate.

Competitions

Team Skating will be added to this year's area Learn-to-Skate competitions. Team as young as 3 will be able to compete in a 1 1/2 minute program on half ice. A Learn-to-Skate level will also be added to next year's Cleveland Challenge Competition. Start your teams this fall and compete this winter.

Clinic Agenda

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|----------|------------------------|
| 10:45 AM | Registration |
| 11:00 AM | Introductions |
| 11:15 AM | Intro to Team Skating |
| 11:45 AM | How to start a team |
| 12:15 PM | Break |
| 12:30 PM | On Ice Demo |
| 12:45 PM | On Ice Skills Training |
| 1:15 PM | Program Building |
| 2:00 PM | Break |
| 2:15 PM | Off Ice Team Training |
| 2:45 PM | Off Ice Q & A |
| 3:00 PM | Clinic End |

Staff

Colleen Bergoch
Debi Gamber
Holly Maher
Jeff Marshall

Skaters Needed!

No Experience Necessary!

A major part of this clinic will be hands on experience. Skaters are needed to help train the coaches. No team experience needed as coaches will learn how to start a team with skaters new to the sport of team skating. Skaters of all ages and skating levels are welcome.

There will be a limit to the number of volunteer skaters, so please register before September 15, 2003. Placement is on a first come first served basis.

Registration

To register for the Free Coaches Clinic or as a skater please fill out the attached form and mail to:

Cleveland Skating Office
24500 Center Ridge Rd. Suite 225
Westlake, OH 44145
Attn: Diane Murphy

For more information contact
Diane Murphy at:

440-808-1995

or

E-mail - CleveSkate@aol.com

Learn-to-Team Skate Coaches Clinic
Registration Form

Name

Address

City

State

Zip

Phone Number

E-mail Address

____ Coach

____ Skater

Skating / Coaching Level

Please mail this form to:
Cleveland Skating Office 24500 Center
Ridge Rd. Suite 225
Westlake, OH 44145
Attn: Diane Murphy

Free Synchronized Team Coaching Clinic



Sat. September 20, 2003
Mentor Civic Center